Curriculum Intent

At Apley Wood Primary Academy, we believe that our PE and sports curriculum encompasses a range of skills and experiences that children will participate in during their time at school. We deliver the PE curriculum using a thematic approach and provide every child with the opportunity to participate in a range of physical activities both within lessons and as part of extra-curricular activities. Throughout our curriculum we aim to promote an understanding of the world around us, cultural variety and to prepare children with skills and understanding needed for later life.
Our curriculum is delivered through exciting and engaging learning opportunities for our children both in school and out. We deliver inclusive PE lessons and aim to ensure that all children are motivated and engaged across a variety of physical activities. We strive to ensure the skills and positive values of sport, fitness and healthy lifestyles is embedded into our school ethos and aspire to create an environment where all children can learn and achieve with self-confidence.

Curriculum Implementation

At Apley, our aim is to create an embedded culture, where high quality teaching and learning of PE and Sport inspires every child to participate in physical activity. PE lessons are delivered twice weekly, one indoor and one outdoor, ensuring children have access to two hours of physical activity a week. These lessons promote teamwork, resilience, the importance of reflection and embed the values of fairness and respect. The sequence of the lessons builds upon children's fundamental skills and provide opportunity for application within competitive situations. The individual lesson progression will allow opportunities for: a physical warm up; skill acquisition and discussion of the lesson focus; skill development and application through competition and a cool-down which allows time for reflection. Where possible, lessons should provide opportunities for competition both as a team and individually.

Through the sequence of work, children should be given the opportunity to apply and develop a broader range of skills where each lesson builds upon their previous learning. Within these lessons, children should have the opportunity to communicate and collaborate, allowing them to explore their understanding of how to develop further and to recognise their own success. PE equipment and resources should be planned into sessions and utilised to support children's physical development. Equipment can be used as a way to differentiate activities to ensure that all children's needs are met and allow opportunity for progression of skills.

To ensure safe participation during all lessons, children are expected to change clothes for PE into the agreed school PE kit. This consists of:
Indoor sessions:

- Apley Wood Primary Academy plain blue 'T' shirt
- Navy blue shorts
- Trainers or barefoot (dependent on activity and mat use).

Outdoor sessions:

- Apley Wood Primary Academy plain blue 'T' shirt (school jumper or sports fleece on top dependent on weather)
- Navy blue shorts or dark tracksuit bottoms
- Trainers

Jewellery should not be worn during PE lessons. Children are required to remove items such as earrings, necklaces, watches, rings etc. If a child has earrings which they are unable to remove, these should be covered by surgical tape. Additionally, long hair should be tied back out of children's eyes.

As Apley Wood Primary Academy strives to ensure the positive values of sport, fitness and healthy lifestyles are embedded into our school ethos, we aspire to create a whole-school environment where children can participate in physical activity throughout the school day. To maximise the opportunity for physical activity, clubs are run by the sports coordinator and other members of staff offering a variety

of extra-curricular activities. These take place during breakfast club, lunchtimes and after school to allow a variety of children to participate across a range of different activities. Alongside this, numerous intra-school activities take place across the school year to provide children with an additional opportunity to compete against their peers. Furthermore, children are provided with the opportunity to represent the school through inter-school competitions across the Telford and Wrekin area. This allows children to have a wealth of opportunities to develop their physical skills outside of PE lessons, along with a further chance to focus on teamwork and personal achievements.

Curriculum Impact

Throughout each lesson, formative assessment takes place and children receive continuous verbal feedback. This feedback is given by the Sports Coordinator and/or class teacher linking to the lesson focus, the children's fundamental skills and core values such as teamwork and resilience. Children will also assess their own achievements and evaluate their progress during times of reflection within the lesson. Questioning will be used effectively to prompt reflection and encourage discussion between peers. This will allow children to take ownership over their own achievements and involve them in making effective decisions to aid their development across all areas of PE. Teachers will use their assessment and individual lesson outcomes to inform their planning and make appropriate alterations to lessons to allow each child to progress. Furthermore, assessment for learning during a lesson will allow teachers to differentiate tasks accordingly and utilise resources/equipment to support children's progress. Through lesson observations, planning monitoring and pupil voice activities, the teaching of PE will be monitored across the course of the year to ensure the PE curriculum develops all aspects of a child's social and physical development.