

Spring Term 2025		Autumn Term 2024		Summer Term 2024	
6 JAN	WK 1	2 SEPT	WK 1	8 APR	WK 1
13 JAN	WK 2	9 SEPT	WK 2	15 APR	WK 2
20 JAN	WK 3	16 SEPT	WK 3	22 APR	WK 3
27 JAN	WK 1	23 SEPT	WK 1	29 APR	WK 1
3 FEB	WK 2	30 SEPT	WK 2	6 MAY	WK 2
10 FEB	WK 3	7 OCT	WK 3	13 MAY	WK 3
17 FEB - HALF TERM		14 OCT	WK 1	20 MAY	WK 1
24 FEB	WK 2	21 OCT	WK 2	27 MAY - HALF TERM	
3 MAR	WK 3	28 OCT - HALF TERM		3 JUN	WK 3
10 MAR	WK 1	4 NOV	WK 1	10 JUN	WK 1
17 MAR	WK 2	11 NOV	WK 2	17 JUN	WK 2
24 MAR	WK 3	18 NOV	WK 3	24 JUN	WK 3
31 MAR	WK 1	25 NOV	WK 1	1 JUL	WK 1
7 APR	WK 2	2 DEC	WK 2	8 JUL	WK 2
		9 DEC	WK 3	15 JUL	WK 3
		16 DEC	WK 1		

Menu calendar

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Support under Part VI of the Immigration and Asylum Act 1999
 - The 'Guarantee' element of State Pension Credit
 - Child Tax Credit, provided they are not entitled to Working Tax Credit
 - and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
 - Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
 - Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get)
- All information correct at the time of going to print

Free School Meals DID YOU KNOW?

Our menus

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



Download your menu at www.telford.gov.uk/schoolmeals

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days

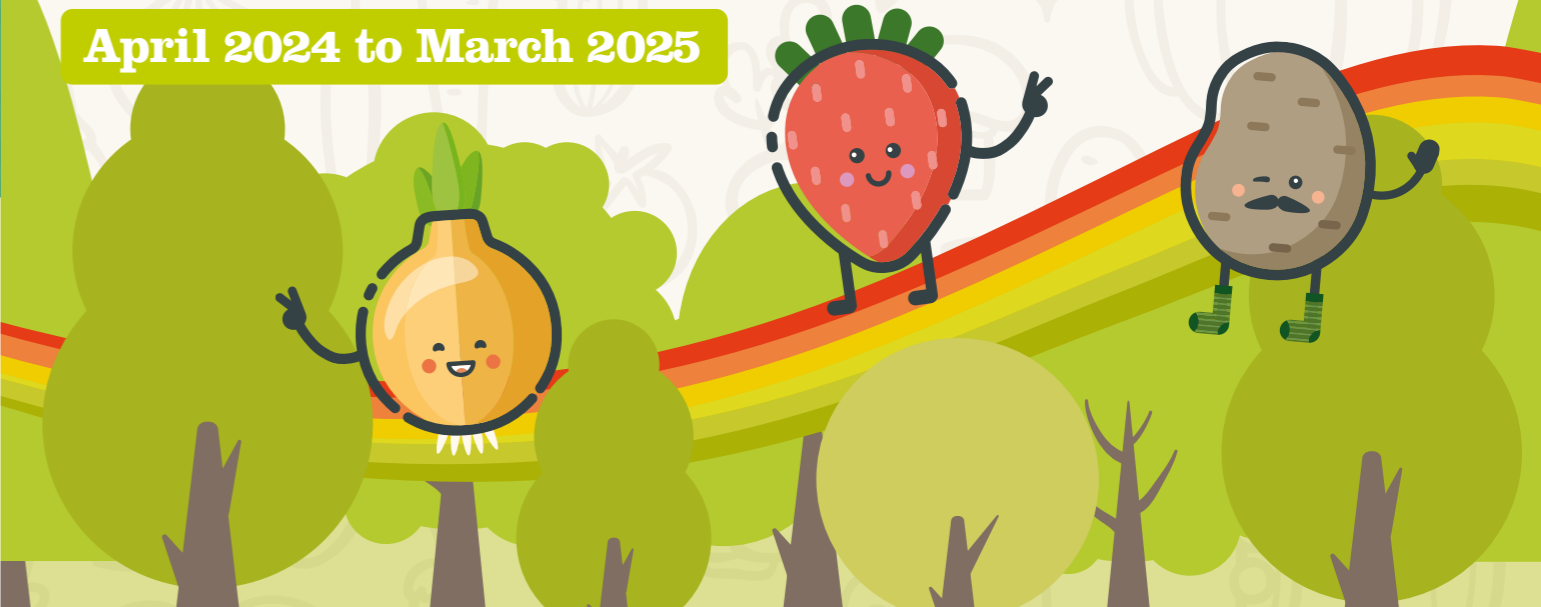
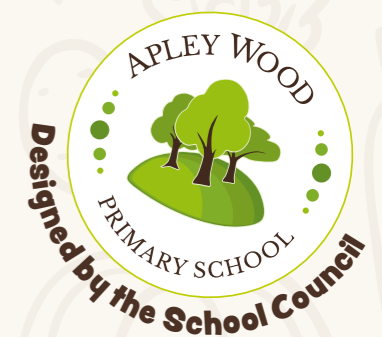


We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

Let's Dine Primary School Menu

April 2024 to March 2025



V Vegetarian
Ve Vegan
H Halal

We are each wonderful and unique, but together we are a masterpiece

Week 1



Week 2



Week 3

Sandwich Bar
Monday

Pork Meatballs *Gluten free Pork Meatballs served with a Rich Tomato Sauce* or **Lamb meatballs** *H served with a Rich Tomato Sauce*

Quorn Balls *served with a rich Tomato Sauce* **V**

Spaghetti or Savoury Rice, Peas, Sweetcorn, Seasonal Salad Selection, Bread Selection

Vanilla Ice Cream

Sandwich Bar
Tuesday

Pork or Lamb Sausage *H Farm Assured Pork or Lamb Sausage served with Onions in a Soft Roll*

Vegan Sausage *served in a Soft Finger Roll* **V**

Potato Wedges, Baked Beans, Mixed Vegetables, Seasonal Salad Selection, Bread Selection

Ice Sponge and Custard

Sandwich Bar
Wednesday

Traditional Roast and Rich Tasty Gravy or Halal Chicken **H**

Quorn and Vegetable Stew *Quorn pieces and Seasonal Vegetables in a Rich and Tasty Gravy* **V**

Creamed Potato, Roast Potatoes, Broccoli, Cauliflower, Carrots, Seasonal Salad Selection, Bread Selection

Fruit Topped Cheesecake

Sandwich Bar
Thursday

Bolognese Pasta Bake – Beef or Lamb *H Minced Beef or Lamb In a Rich Tomato Sauce with Pasta Twists*

Mixed Bean and Vegetable Hotpot **V**

Pasta Twist or Spaghetti, Green Beans, Carrots, Seasonal Salad Selection, Garlic Bread, Bread Selection

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

Sandwich Bar
Friday

Fish Finger *H Coated in Crispy Breadcrumbs* or **Battered Fish Fillet** *Coated in a light crispy batter*

Vegetarian Sausage Roll *Quorn Sausage encased in light Puff Pastry* **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Selection

Selection of Biscuits

Sandwich Bar
Monday

Big Breakfast *Farm Assured Pork Sausage, Back Bacon, Halal Sausage* **H**

Vegetable Sausage **V**

Potato Smiles, Baked Beans, Mushrooms, Plum Tomato, Seasonal Salad Selection, Bread Selection

Chocolate and Vanilla Swirl mousse or Strawberry and Vanilla Swirl Mousse

Sandwich Bar
Tuesday

Beef Bolognese or Lamb Bolognese *H Farm Assured Minced Beef or Lamb served in a Rich Tomato Sauce*

Macaroni Cheese *Macaroni pasta baked in Chef's Creamy Cheese Sauce* **V**

Pasta Twists, Sweetcorn, Carrots, Seasonal Salad Selection, Garlic Bread

Fruit Crumble and Custard

Sandwich Bar
Wednesday

Traditional Roast or Halal Chicken *H served in rich tasty gravy*

Stuffed Jacket Potato *Jacket potato with a choice of fillings* **H V**

Creamed Potato, Roast Potatoes, Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Bread Selection

Fruit Jelly

Sandwich Bar
Available daily by pre order

Sandwich Bar
Thursday

Homemade Chicken Dunkers or Chicken Dunkers *H Chicken Breast coated in Golden Breadcrumbs served with a BBQ sauce*

Vegetable and Bean Pasta Bake *Roasted Vegetables and Mixed Beans in a Rich Tomato Sauce topped with Savoury Breadcrumbs* **V Ve**

Savoury Rice, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread Selection

Muffin Selection



Sandwich Bar
Friday

Fish Finger *H Fillet of Fish coated in Crispy Breadcrumbs* or **Fish Cake** **H**

Cheese and Potato Puff *Creamed Potato and Mature Cheddar Cheese wrapped in Puff Pastry* **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Selection

Chocolate Shortbread

Sandwich Bar
Monday

Pizza bar – Cheese and Tomato Pizza *with a choice of toppings on a thin a crispy base* **V H**

Pasta Twists, Garden Peas Sweetcorn, Seasonal Salad Selection, Bread Selection

Vanilla Ice Cream

Sandwich Bar
Tuesday

Chicken Curry or Chicken Curry *H Tender pieces of Chicken in a Chef's Curry Sauce*

Vegetable and Quorn Pasta Bake *Seasonal Vegetables, Minced Quorn and Pasta in Chef's Rich Tomato Sauce served with Grated Cheese* **V**

Boiled Rice, Carrots, Green Beans, Seasonal Salad Selection, Pitta Bread, Bread Selection

Chocolate Sponge and Custard

Sandwich Bar
Wednesday

Traditional Roast and a Rich and Tasty Gravy *Farm Assured Sliced Meat or Chicken* **H**

Vegetable Sausage **V**

Creamed Potatoes, Roast Potatoes, Broccoli, Carrots, Cauliflower, Seasonal Salad Selection, Bread Selection

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

Sandwich Bar
Thursday

Beef or Lamb Burger *H Farm Assured Beef or Lamb Burger with Onions served in a Soft Bag*

Quorn Dunkers **V**

Sliced Oven Baked Potatoes, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread Selection

Iced Shortbread Biscuit



'Lots of variety and choice'
FUN FOOD FACTS
Lemons float, but limes sink... and ripe cranberries bounce like rubber balls.

FUN FOOD FACTS
Rhubarb grows so quickly that you can hear it.

'We like sausages and bacon'

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.



'TRY ME I'm delicious'