25TH MARCH

APLEY NEWS

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Headteacher Message

We are still very proud to be a calm brain school and since 2018, we have been embedding mindfulness into our school day. The calm brain approach, Manages Mental Health and Emotional Wellbeing in Children, Creates Calm, Stimulates Focus and Improves Learning.
This approach is so important following the pandemic, we are seeing increased anxiety and the impact this causes on well- being and learning. This week, teaching staff have nominated calm brain champions for their daily engagement with the activities.
Well done to our calm brain champions:
Emily (B3) Ronny (B5) Maliyah (B1) Mimi (B7) Ruby (B12) Hukam (B2) Evie-Rose (B8) Sahibpreet (B14) Alisha (B13) Cyrus (B9) Olivia (B10) Inayah (B11) Evie (B6) Efosa (B4)

Calm Brain Benefits for Children:
Using **leading research in neuroscience** CalmBrain works effectively on the brain as a whole.

Focuses on brain integration, calming the lower areas of the brain which is where **stress, anxiety and mental health are rooted**.

The lower brain encourages **children to be at ease with themselves**, to be calm, reflexive, relaxed, contemplative and allows the higher mind to open and **respond to learning and experience.**

Helps **children thrive and flourish** by using repetitive rhythmic patterns of movement.

Regular use of CalmBrain® results in **children who are better able to regulate** their physical, emotional and mental stress response. If you would like more information about this approach then please speak to the staff or see http://calmbrainapproach.com/.






If you have any worries or concerns please do not hesitate to contact the school

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Headteacher Awards:

Aroosh C, Charlie D, Reuben Mc I, Oscar W,
Myla W, Nuha A, Oliver K, Josh Y, Kallie Y,
Archie W, Ethan G, Alexia S,
Scarlett C, Jake T, Rabia A, Lola C,
Ava S, Kai I, Michelle A, Jacob M, Mason D,
James L, Arabella G, Carter S,



Wishing you all a lovely weekend, let's hope the sun stays shining for it.

Mrs E Smith
Head teacher

Lunchtime Supervisors Awards



Congratulations to the following children who have received a Lunchtime Supervisor Award this week. This week's children have been nominated by our wonderful lunchtime team:

Mason S, Rory P. Archer B, Jacob M, Sunainah T, Sophia C, Ronny B, Ryan S, Zoya A, Grace C, Lilly L, Kaitlyn D, Eve G, Harvey S , Roman F.

Well done to everyone who received an award this week!

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We are so proud of our Year 5 children for their amazing efforts in swimming.



Well Done to Jacob who was awarded player of the match for his Local Football Team Wrockwardine Wood Juniors FC





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Base 1 had a super morning making tree spirits in Forest School

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Year 2 – SATs Meeting

As you may already be aware, all children within Year 2 are expected to take part in End of Key Stage 1 Assessments (SATs) within May 2022. We would like to invite you to attend a meeting about the SATs your child will complete on **Monday 25th April at 3:20pm in Base 3**.

During the meeting, we will explain how the assessments work, we will share examples of previous SATs papers and provide advice on how you can support your children with their assessments. We would also welcome any questions you may have too.



Our Year 5 and 6 boys took part in the Telford Utd TWSSP National competition. Well done all !

Messages for Teachers

To help avoid lots of queues and delays for children coming in to school in the morning, if you have any messages or questions for the teachers, please come to the school office and we can pass any information on. Classroom fire doors will be closed from 8:50 to allow teachers to begin the morning tasks. If you arrive after this time, please send your child in through the main doors off the playground rather than knocking on classroom fire doors.

Many thanks for your co-operation.

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Apley Wood Gets Active Year 6 and Reception had a great afternoon completing a range of activities for Red Nose Day.










All newsletters, dates and school information is available on our website at **http://www.apleywoodprimaryschool.org.uk**

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Base 3 enjoyed raising money for Comic Relief by wearing red and completing a range of sporting activities! Fantastic resilience - well done everyone!

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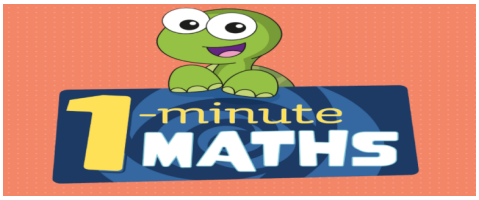
Base 4 have been busy doing some junk modelling to make rockets for our final sculpture in Art.

Here are just a few- they look fantastic! !

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1-Minute Maths

White Rose Maths have created a free app to help children build greater number confidence and fluency. This app is aimed at KS1 children and focuses on addition and subtraction. Download this app to support your children with their maths learning at home.

Check out these 7 top reasons for using 1-Minute Maths!

Excellent practice – and no distractions.
A clear, intuitive process that children pick up straight away.
No login or internet access needed. Just download and play.
Enjoyable and motivating… How many can they get correct in one minute?
Helpful hints match those used in class. Brilliant for building number fluency and confidence.
The mobile app is completely FREE!

Dates for your diary

Monday 28th March	Year 2 Visit to RAF Cosford
Friday 8th April	Break up for Easter Holiday
Monday 25th April	Return to School following the Easter Holidays
Monday 25th April	Year 2 SATs meeting at 3.20pm
Monday 2nd May	May Day—school closed to pupils
Friday 27th May	Break up for Half Term Holidays
Monday 6th June	Professional Development Day
Tuesday 7th June	Return back to school after Half Term Holidays
Thursday 14th July	Year 6 Prom



TT Rock Stars Winners

This week's 1st, 2nd, and 3rd top users for each year group are:

Year 1: Ayden P, Imogen C, Carter S **Year 2: Gabrielle U,Annabell G,Christopher D**
Year 3: Sophia S, Madi S, Jenna M-W, **Year 4: Megan Y, Saphire K, Hope T**
Year 5: Sienna T, Finlay C , **Year 6: Jonathan B, Sara G, Aleena R**

Congratulations to all of our winners and we hope to see some new names rising to the challenge next week!

All newsletters, dates and school information is available on our website at **http://www.apleywoodprimaryschool.org.uk**