Year Group: Year 1

To recognise and understand how we have changed from a baby

Pupils to: Identify and recognise their skills and abilities

Understand the difference between boys' and girls' bodies, naming the external body parts

Recognise and respect differences

Compare and contrast themselves with others

Term	Objectives	Plan	Resources
Summer	Amazing Me	Children draw / talk about how they have changed since they	Respect Yourself p.276
		were a baby.	
	To be able to think about their	They identify their skills and talents.	
	talents	Children will feel positive about themselves and know they	
		have the ability to learn new things	
Summer	Same but different	Children think about all of the things that their bodies do and	Respect Yourself p.277
		what bodies need to be fit and healthy. They consider their	SENSE DVD Clip KS1 - Enjoy and Achieve
	To think about their bodies	feelings about different parts of their bodies.	Section
	and recognise similarities and	They begin to think about what is inside their body as well as	
	differences between genders	outside	
Summer	Animals and their babies	Children recap on differences between genders. They	Respect yourself p.278 / 279
		consider similarities and differences between their pets and	Senses DVD KS1 - Making positive contributions
	To think about their bodies	themselves. They match pictures of different animal babies	being yourself.
	and recognise similarities and	to their mothers	
	differences between genders		