

To increase awareness and understanding of changes

Pupils to : Identify and recognise their skills and abilities
 Understand the difference between boys' and girls' bodies, naming the external body parts
 Recognise and respect differences
 Compare and contrast themselves with others

Term	Objectives	Plan	Resources
Summer	I Can Do To be able to talk about feelings and talents	Children consider all the things that they can do and are proud of. They also consider things that they can't do yet but would like to do. They consider that different people can do different things. Children think about what people can do at different ages and why. They then consider how bodies change over time.	Respect Yourself - p.287 / 288 SENSES DVD KS1 - being healthy section 5 and 6 growing and changing your body section 23 keeping clean
Summer	Knowing our bodies To increase awareness and understanding of changes	Children recap on the names of different body parts. Children identify which body parts of common to both boys and girls and which are particular to boys and girls.	Respect Yourself p.290 / 291/ 292 SENSES DVD KS1 - staying safe